



SARUM ORIENTEERING CLUB



Sunday 7th July 2013

Moonraker Relay & Solo Score event

(Part of SW summer relay series)

- also hosting the **SCOA Team Championships**

Fonthill Woods

Directions: Signed from centre of Hindon off B3089 Salisbury – Mere road
Parking at GR ST913307 (OS Landranger 184). Parking fee: £1

Terrain: Runnable woodland with some steep slopes

Race format: Harris style Teams of 3; age handicap; 12:00 base time (= zero handicap);
There will a spine of 6 controls which must all be visited (in any order) by each team member; the remaining 24 controls must each be visited by one member of the team; controls may be taken in any order; time penalties for any controls missed; no penalties for visiting a control more than once.

Other courses:

Solo 1 hour Score: Solo runners can attempt to get all 30 controls in one hour (Starts: 12.05 – 12.30pm)

Orange course: a course suitable for Newcomers & Beginners (Starts: 12.05 – 12.30pm)

Registration: from 10.30am – 12.00pm

SCOA Team Championships: To be eligible all team members must be SCOA members of the same club. There will be three classes of competition: Open, All Female Open & Handicap. There is no Junior class but juniors may compete in the main competition either as part of a team with seniors, or a team entirely composed of juniors, with appropriate handicaps. Teams can only enter one Class which must be declared as they enter.

Pre-entry requested - please contact the organiser, Liz Yeadon (07990734576) or e-mail:

liz.yeadon@btinternet.com **BY Sunday 30th June** to register your team name so we know how many maps to produce. Final team details can be registered on the day. If you turn up on the day without having contacted the organiser, you may be disappointed. *(It would be helpful if Solo Score & Orange runners contacted us also, please, to ensure sufficient maps).*

We can try to put ad hoc teams together for the Relay on the day if there is demand.

Starts: Start times **for the team event** will depend on your team handicap, start is 12:00 minus team handicap

Handicaps					
W10	11 Mins	W60	12 Mins	M21	0 Mins
W12	9 Mins	W65	13 Mins	M35	2 Mins
W14	8 Mins	W70	14 Mins	M40	3 Mins
W16	7 Mins	W75	15 Mins	M45	4 Mins
W18	6 Mins	W80	16 Mins	M50	5 Mins
W20	4 Mins	W85	17 Mins	M55	6 Mins
W21	3 Mins	M10	10 Mins	M60	7 Mins
W35	5 Mins	M12	8 Mins	M65	8 Mins
W40	6 Mins	M14	6 Mins	M70	9 Mins
W45	8 Mins	M16	4 Mins	M75	10 Mins
W50	9 Mins	M18	2 Mins	M80	11 Mins
W55	10 Mins	M20	1 Min	M85	12 Mins

Fees: £15 per team (whatever the age mix); (Junior only teams: £9.00); **Individual Score: Seniors £5.00; Juniors/Orange course £3.00**. EMIT hire: £1.00 per runner (juniors £0.50p) **Please bring payment on the day – cheques made payable to Sarum Orienteering Club, please.**

Facilities: Toilet; First Aid; please bring your own water

Planner: Dave Mullins (SARUM)

Organiser: Liz Yeadon (SARUM) (07990734576) liz.yeadon@btinternet.com

Controller: Ricky Thornton (SARUM)

www.sarumo.org.uk

Please note that Orienteering is an adventure sport and you take part at your own risk

The personal data you give at Registration will be used by the event organisers and their agents only for the purpose of processing/publishing entries & results, conducting safety checks & as required by our insurers to validate our cover.