

**Nov Classic**  
**New Forest-Fritham**  
 05 November 2023  
**Results by Class with Standards**



Posn	Name	Age Group	Club	Time	Behind	Pace min/km
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### Blue

Course: 8, 5.9 km, 125 m

1	Tamsin Moran	W21	AIRE	42:39		7.23
2	Tomas Vronsky	M55	IND	55:59	13:20	9.49
3	Richard Rogers	M60	WRE	73:57	31:18	12.53
^^^^ Blue Standard (Top 50% of entrants): 73:57 ^^^^^						
4	Luke Fieldhouse	M21	QO	76:30	33:51	12.97
5	Marc Owen	M50	BOF	94:14	51:35	15.97
6	Alex Escudero	M50	SOC	175:13	132:34	29.70

### Green

Course: 10, 4.525 km, 105 m

1	Vivianne Lawson	W55	OD	68:23		15.11
2	Oliver Hague	M21	LEI	72:34	4:11	16.04
3	Roger Hicks	M60	IND	83:49	15:26	18.52
4	Helen Hodge	W60	WIM	86:37	18:14	19.14
^^^^ Green Standard (Winning Time x 1.5): 102:35 ^^^^^						
5	Don Nisbet	M60	SMOC	107:55	39:32	23.85
6	Ian Cowe	M70	IND	114:57	46:34	25.40

### Light Green

Course: 15, 3.8 km, 95 m

1	Katie Chorlton	W45	HH	63:45		16.78
2	Lucy Kingham	W35	IND	64:19	0:34	16.93
3	Elysia Rayner	W21	IND	87:10	23:25	22.94
^^^^ Light Green Standard (Winning Time x 1.5): 95:38 ^^^^^						
DNF	Alyson Denney	W70	OD	159:08	DSQ	Missed a co
DSQ	Tom Rayner	M21	IND	91:05	Missed	No 2 (228)

### M10A

Course: 17, 2.85 km, 55 m

1	Krum Yanev	M10	SLOW	41:28		14.55
2	Hugh Scarborough	M10	MV	41:35	0:07	14.59
^^^^ Gold Standard: 51:50 ^^^^^						
3	Francis Mansfield	M10	BAOC	60:06	18:38	21.09
^^^^ Silver Standard: 62:12 ^^^^^						
^^^^ Bronze Standard: 82:56 ^^^^^						
DNF	Daniel MT Tam	M10	HH	65:40	Retd	

### M12A

Course: 16, 3.25 km, 70 m

1	Darrio MY Tam	M12	HH	32:28		9.99
2	Ben Seaston	M10	MV	38:05	5:37	11.72

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### M12A

Course: 16, 3.25 km, 70 m

3	Daniel Wareing	M12	BOK	39:49	7:21	12.25
^^^^^ Gold Standard: 40:35 ^^^^^						
4	Ralph Scarbrough	M12	MV	44:56	12:28	13.83
^^^^^ Silver Standard: 48:42 ^^^^^						
5	Barnes Dickinson	M12	BAOC	56:40	24:12	17.44
^^^^^ Bronze Standard: 64:56 ^^^^^						

### M12B

Course: 17, 2.85 km, 55 m

1	James Corkery	M12	SARUM	37:07		13.02
^^^^^ Silver Standard: 46:23 ^^^^^						
^^^^^ Bronze Standard: 55:40 ^^^^^						

### M14A

Course: 14, 5.575 km, 110 m

1	Ben Chapman	M14	SO	40:00		7.17
2	Finley Goddard	M14	QO	41:56	1:56	7.52
3	Monty Bratcher-Howard	M14	WIM	43:38	3:38	7.83
^^^^^ Gold Standard: 50:00 ^^^^^						
^^^^^ Silver Standard: 60:00 ^^^^^						
4	Erik Biernacki-Jablonski	M12	WAOC	60:55	20:55	10.93
5	Alex Darwin	M14	WAOC	63:55	23:55	11.46
6	Jake Hilton	M14	SN	64:17	24:17	11.53
^^^^^ Bronze Standard: 80:00 ^^^^^						
DSQ	Chun Ho Andre Fu	M14	WAOC	132:56	Missed No 3 (235)	

### M14B

Course: 16, 3.25 km, 70 m

^^^^^ Silver Standard: 85:23 ^^^^^						
^^^^^ Bronze Standard: 102:28 ^^^^^						
DSQ	Russell McCreddie	M14	WIM	68:19	Missed No 14 & 15	

### M16A

Course: 5, 7.45 km, 160 m

1	Vince Nagy-Kovacs	M16	BOK	50:22		6.76
2	Robin Irwin	M14	SBOC	52:11	1:49	7.00
3=	Luke Bennett	M16	DFOK	53:58	3:36	7.24
3=	Marcus Perry	M14	BOK	53:58	3:36	7.24
5	Duncan Currie	M14	SOC	56:18	5:56	7.56
6	Seth Lawson	M16	NGOC	60:08	9:46	8.07
^^^^^ Gold Standard: 64:05 ^^^^^						

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### M16A

Course: 5, 7.45 km, 160 m

7	Joshua Owen	M16	BAOC	68:19	17:57	9.17
8	Aidan Hilton	M16	SN	72:26	22:04	9.72
^^^ Silver Standard: 76:54 ^^^						
9	Chun Yan Alistair Fu	M16	WAOB	78:06	27:44	10.48
10	Oliver Lewis	M16	QO	86:18	35:56	11.58
11	James Curtis	M16	SO	89:48	39:26	12.05
^^^ Bronze Standard: 102:33 ^^^						

### M16B

Course: 14, 5.575 km, 110 m

1	Oliver Heckford	M16	WSX	63:12		11.34
2	Robbie Miller	M16	WSX	73:10	9:58	13.12
^^^ Silver Standard: 79:00 ^^^						
^^^ Bronze Standard: 94:48 ^^^						

### M18E

Course: 2, 11.35 km, 200 m

1	Adam Methven	M18	BKO	55:36		4.90
2	Thomas Rollins	M16	SN	64:12	8:36	5.66
3	Tommy Heap	M18	SO	66:44	11:08	5.88
^^^ Gold Standard: 69:30 ^^^						
4	Ben Perry	M16	DEVON	71:54	16:18	6.33
5	Freddie Lake	M18	SBOC	71:57	16:21	6.34
6	Harry Bratcher-Howard	M16	WIM	77:24	21:48	6.82
7	Reuben Lawson	M18	NGOC	80:05	24:29	7.06
^^^ Silver Standard: 83:24 ^^^						
^^^ Bronze Standard: 111:12 ^^^						

### M18L

Course: 4, 8.9 km, 170 m

^^^ Gold Standard: 54:29 ^^^						
^^^ Silver Standard: 65:23 ^^^						
^^^ Bronze Standard: 87:11 ^^^						
1	Austin Howe	M18	SAX	92:06		10.35
DNF	Hamish Braine-Clarke	M18	QO	27:38	Retd	

### M20E

Course: 2, 11.35 km, 200 m

1	Ben Gostick	M18	HH	65:09		5.74
^^^ Gold Standard: 81:26 ^^^						
2	Joel Taylor	M18	TVOC	85:24	20:15	7.52

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### M20E

Course: 2, 11.35 km, 200 m

^^^^ Silver Standard: 97:43 ^^^^^

^^^^ Bronze Standard: 130:18 ^^^^^

3	Robert Fieldhouse	M20	IND	142:45	77:36	12.58
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### M20S

Course: 8, 5.9 km, 125 m

1	Jerome Carson	M21	IND	72:59		12.37
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### M21E

Course: 1, 16.525 km, 320 m

1	Graham Gristwood	M35	FVO	80:52		4.89
2	Peter Taylor-Bray	M21	MDOC	83:31	2:39	5.05
3	William Gardner	M21	OD	86:40	5:48	5.24
4	Alasdair Pedley	M21	AROS	92:42	11:50	5.61
5	Tom Dobra	M21	TVOC	96:54	16:02	5.86
6	Nicholas Jarvis	M21	SO	96:55	16:03	5.86
7	Robert Finch	M21	NGOC	97:21	16:29	5.89
8	Adam Fieldhouse	M21	QO	98:45	17:53	5.98
9	Robin Fieldhouse	M21	QO	103:59	23:07	6.29
^^^^ Gold Standard: 104:36 ^^^^^						
10	Robert Gardner	M21	OD	104:37	23:45	6.33
11	Luke Tierney	M21	UBOC	105:46	24:54	6.40
12	James Haynes	M21	TVOC	109:07	28:15	6.60
13	Sam New	M21	NWO	110:09	29:17	6.67
14	Alex Moore	M21	WAOC	116:30	35:38	7.05
15	Oliver Rant	M21	QO	121:27	40:35	7.35
16	Rowan Lee	M21	DRONGO	122:26	41:34	7.41
^^^^ Silver Standard: 125:31 ^^^^^						
17	Sam Leadley	M21	OUOC	132:23	51:31	8.01
18	Martin Yeo	M21	DEVON	133:45	52:53	8.09
19	Dylan Sherman	M21	OUOC	137:01	56:09	8.29
20	Thomas Jarvis	M21	RAFO	140:38	59:46	8.51
21	David Thomas	M21	SAX	140:49	59:57	8.52
22	Paul Truss	M35	RAFO	160:29	79:37	9.71
23	Tom Fryers	M21	IND	163:55	83:03	9.92
24	Euan Marsh	M21	SO	163:57	83:05	9.92
^^^^ Bronze Standard: 167:22 ^^^^^						
25	Chris Turner	M60	WIM	170:00	89:08	10.29
DNF	Liam Marsh	M21	SO	91:10	Retd	
DSQ	Tim Morgan	M21	INT	88:02	wrong No 33 (204 for 247)	
DSQ	Richard Collyer	M45	GO	107:32	Wrong No 1 (113 for 238)	

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### M21L

Course: 2, 11.35 km, 200 m

^^^^ Gold Standard: 71:50 ^^^^^

1	James Errington	M21	HH	73:42		6.49
2	Thomas Howell	M21	SN	74:38	0:56	6.58
3	Adam Walker	M21	SARUM	81:51	8:09	7.21
4	Michael Hallett	M21	BOK	81:55	8:13	7.22
5	Thomas Snow	M21	RNOC	83:27	9:45	7.35

^^^^ Silver Standard: 86:12 ^^^^^

6	James Crickmore	M21	WSX	95:24	21:42	8.41
7	Thomas Alcock	M21	WIM	106:54	33:12	9.42

^^^^ Bronze Standard: 114:57 ^^^^^

8	David McDermott	M21	IND	145:45	72:03	12.84
9	Sam White	M21	SOC	155:27	81:45	13.70
DNF	Archie Fieldhouse	M21	IND	126:50	Retd	

### M21S

Course: 4, 8.9 km, 170 m

^^^^ Gold Standard: 56:20 ^^^^^

^^^^ Silver Standard: 67:36 ^^^^^

1	Robert Elston	M21	SARUM	85:30		9.61
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^^^^ Bronze Standard: 90:08 ^^^^^

2	Benjamin Mills	M21	WIM	161:05	75:35	18.10
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### M35L

Course: 2, 11.35 km, 200 m

1	Tom Bray	M35	BOK	59:11		5.21
2	Rob Ashton	M35	BAOC	70:30	11:19	6.21
3	Tim Scarbrough	M35	MV	72:53	13:42	6.42

^^^^ Gold Standard: 73:58 ^^^^^

4	Gareth Mansfield	M35	BAOC	80:42	21:31	7.11
5	Alan Blanchflower	M35	WSX	81:33	22:22	7.19
6	Mark Saunders	M45	TVOC	84:28	25:17	7.44

^^^^ Silver Standard: 88:46 ^^^^^

^^^^ Bronze Standard: 118:22 ^^^^^

7	Peter Bott	M35	RNOC	136:09	76:58	12.00
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### M35S

Course: 6, 7.2 km, 135 m

^^^^ Gold Standard: 46:55 ^^^^^

^^^^ Silver Standard: 56:18 ^^^^^

1	Rory Nesbit	M16	HH	74:10		10.30
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^^^^ Bronze Standard: 75:05 ^^^^^

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### M40L

Course: 2, 11.35 km, 200 m

1	Nigel Bunn	M55	TVOC	69:15		6.10
2	Christopher Rhodes	M40	BADO	73:48	4:33	6.50
3	Juraj Hammer	M45	IND	76:58	7:43	6.78
4	Jan Travnicek	M45	TVOC	80:29	11:14	7.09
5	Des Dickinson	M40	BAOC	82:45	13:30	7.29
^^^ Gold Standard: 86:33 ^^^						
6	Doug Stimson	M40	NWO	93:59	24:44	8.28
7	Edward Nichols	M40	SO	94:45	25:30	8.35
^^^ Silver Standard: 103:52 ^^^						
8	Maciej Jablonski	M40	WAOB	106:09	36:54	9.35
^^^ Bronze Standard: 138:30 ^^^						
DNF	Graeme Little	M55	RN	126:39	Retd	

### M40S

Course: 6, 7.2 km, 135 m

^^^ Gold Standard: 54:54 ^^^						
^^^ Silver Standard: 65:53 ^^^						
1	Paul Walwyn	M40	SYO	73:21		10.19
^^^ Bronze Standard: 87:51 ^^^						
2	Mike Le Maistre	M40	SOC	89:04	15:43	12.37

### M45L

Course: 3, 9.475 km, 180 m

1	Ben Chesters	M45	DEVON	54:35		5.76
2	Nick Cooper	M45	SN	61:45	7:10	6.52
3	David Currie	M45	SOC	64:33	9:58	6.81
4	Mark Ford	M45	CHIG	69:20	14:45	7.32
5	Graeme Macmillan	M45	BAOC	71:05	16:30	7.50
^^^ Gold Standard: 72:42 ^^^						
6	Andrew Howard	M45	BOF	73:43	19:08	7.78
7	Piotr Rusinek	M45	IND	74:54	20:19	7.91
8	Andrew Snell	M45	SOC	75:39	21:04	7.98
9	Brian Cowe	M45	WAOB	77:48	23:13	8.21
10	Tommi Grover	M45	BOK	81:31	26:56	8.60
11	Paul Taylor	M45	TVOC	82:45	28:10	8.73
12	Jolyon Medlock	M45	WSX	83:22	28:47	8.80
^^^ Silver Standard: 87:15 ^^^						
13	Jacob Stevens	M45	CHIG	88:04	33:29	9.29
14	Adrian Butter	M45	SN	93:56	39:21	9.91
15	Michael Cooke	M45	BAOC	94:35	40:00	9.98
16	Mykyta Chubynsky	M45	OD	99:24	44:49	10.49

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### M45L

Course: 3, 9.475 km, 180 m

17	Douglas Nesbit	M45	HH	101:47	47:12	10.74
18	Tim Gray	M45	SOC	103:00	48:25	10.87
19	Dickson CY Tam	M45	HH	108:26	53:51	11.44
20	Richard Powell	M45	WAOB	113:53	59:18	12.02
^^ ^^ Bronze Standard: 116:20 ^^ ^^						
21	Anthony Covey-Crump	M45	SLOW	131:00	76:25	13.83

### M50L

Course: 3, 9.475 km, 180 m

1	Richard Barrett	M50	BAOC	58:49		6.21
2	Will Heap	M50	SO	64:10	5:21	6.77
3	Brendon Howe	M50	SAX	67:34	8:45	7.13
4	Christopher McCartney	M50	HOC	76:23	17:34	8.06
^^ ^^ Gold Standard: 76:51 ^^ ^^						
5	Zlatko Peev	M50	SLOW	78:02	19:13	8.24
6	Jeremy Tonge	M50	BOK	78:28	19:39	8.28
7	Marc Balston	M50	SARUM	82:33	23:44	8.71
8	Alastair Oates	M50	BAOC	82:49	24:00	8.74
9	John Methven	M50	BKO	83:54	25:05	8.85
10	Neil Albert	M50	NGOC	86:44	27:55	9.15
11	Matt Atkins	M50	DEVON	87:10	28:21	9.20
12	Stephen Borrill	M50	WAOB	87:54	29:05	9.28
13	Marc Ebanks	M50	SN	88:11	29:22	9.31
^^ ^^ Silver Standard: 92:14 ^^ ^^						
14	Simon Deeks	M50	SAX	93:57	35:08	9.92
15	Bo Oqvist	M50	BKO	94:44	35:55	10.00
16	John Cross	M50	SAX	117:20	58:31	12.38
17	Rich Golding	M55	BKO	118:31	59:42	12.51
^^ ^^ Bronze Standard: 122:59 ^^ ^^						
18	Stephen Lee-Jones	M55	BOK	139:34	80:45	14.73
19	Jean-Pierre Carraud	M50	SOS	141:03	82:14	14.89
DSQ	Jason Falconer	M50	WSX	60:46	Card Failed	

### M50S

Course: 8, 5.9 km, 125 m

^^ ^^ Gold Standard: 47:51 ^^ ^^						
^^ ^^ Silver Standard: 57:26 ^^ ^^						
1	Eddie Whittle	M50	BKO	65:39		11.13
2	David Kesby	M50	IND	68:39	3:00	11.64
3	Martin Miller	M50	WSX	75:32	9:53	12.80
^^ ^^ Bronze Standard: 76:34 ^^ ^^						

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### M50S

Course: 8, 5.9 km, 125 m

4	Alistair Lovegrove	M50	SN	76:43	11:04	13.00
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### M55L

Course: 4, 8.9 km, 170 m

1	Alan Velecky	M55	SO	62:31		7.02
2	Martin Ward	M55	SYO	62:41	0:10	7.04
3	Jon Brooke	M55	WSX	63:09	0:38	7.10
4	Richard Cottle	M55	BOK	64:28	1:57	7.24
5	Peter Chapman	M55	SO	70:41	8:10	7.94
6	Tony Burton	M55	MV	71:49	9:18	8.07
7	Keith Belsey	M55	SN	73:06	10:35	8.21
8	Richard Sharp	M55	TVOC	76:17	13:46	8.57
9	Robin Mills	M55	WIM	76:22	13:51	8.58
10	Aleksei Dnestrovskii	M55	TVOC	77:56	15:25	8.76
^^^ Gold Standard: 78:28 ^^^						
11	Charles Gook	M55	BADO	78:34	16:03	8.83
12	John Tzanetis	M55	DFOK	80:28	17:57	9.04
13	Andrew Reynolds	M55	DEVON	80:44	18:13	9.07
14	Steven Horsler	M55	WIM	81:45	19:14	9.19
15	Mel Taylor	M55	SAX	81:52	19:21	9.20
16	Bruno Smith	M55	WSX	82:41	20:10	9.29
17	Barry Jones	M55	SO	83:39	21:08	9.40
18	Andrew Henderson	M55	WAOC	87:08	24:37	9.79
19	Robin Bishop	M55	TVOC	87:19	24:48	9.81
20	Richard Bostock	M55	DFOK	87:40	25:09	9.85
21	Chris Perry	M55	DEVON	87:50	25:19	9.87
22	Jon Chandler	M55	LOK	89:25	26:54	10.05
23	Christopher Ashenden	M55	SN	91:02	28:31	10.23
^^^ Silver Standard: 94:10 ^^^						
24	Simon Dunkley	M55	SN	95:37	33:06	10.74
25	Stefan Peykov	M55	SLOW	101:10	38:39	11.37
26	Andrew Heppel	M55	SOC	103:56	41:25	11.68
27	Duncan Perry	M50	BOK	104:01	41:30	11.69
28	Gavin Robinson	M55	BAOC	114:43	52:12	12.89
29	Michael Roe	M55	IND	115:40	53:09	13.00
30	Simon Moss	M55	SLOW	125:02	62:31	14.05
^^^ Bronze Standard: 125:34 ^^^						
31	Lap On Leung	M55	HOC	180:07	117:36	20.24

### M55S

Course: 8, 5.9 km, 125 m



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### M55S

Course: 8, 5.9 km, 125 m

^^^ Gold Standard: 52:01 ^^^						
1	Stephen Mckinley	M55	SN	57:58		9.82
2	Marcus White	M55	SOC	61:19	3:21	10.39
3	Ian Curtis	M55	SO	61:32	3:34	10.43
4	Mark Light	M55	SOC	61:33	3:35	10.43
5	Ian Buxton	M55	TVOC	61:40	3:42	10.45
6	Andy French	M55	WIM	61:41	3:43	10.45
^^^ Silver Standard: 62:25 ^^^						
7	Peter Smith	M55	SOC	63:05	5:07	10.69
8	Andy Bowes	M55	CLARO	66:15	8:17	11.23
9	Derick Mercer	M55	BKO	67:01	9:03	11.36
10	Gary Harris-Deans	M55	SOC	75:03	17:05	12.72
^^^ Bronze Standard: 83:14 ^^^						
11	Stephen Sutch	M55	SOC	128:20	70:22	21.75
DNF	Gerry Allan	M55	BAOC	77:48	Retd	

### M60L

Course: 5, 7.45 km, 160 m

1	Clive Hallett	M60	BOK	48:22		6.49
2	Roger Thetford	M60	TVOC	53:26	5:04	7.17
3	Mike Pedley	M60	EPOC	53:32	5:10	7.19
4	Nick Nourse	M60	NWO	54:13	5:51	7.28
5	Neil Crickmore	M60	SO	54:37	6:15	7.33
6	Simon Errington	M60	HH	54:51	6:29	7.36
7	Mark Saunders	M60	BOK	56:57	8:35	7.64
8	Paul Thwaites	M60	SOC	57:33	9:11	7.72
9	Keith Masson	M60	MV	57:56	9:34	7.78
10	James Clemence	M60	SWOC	58:51	10:29	7.90
11	David Lawson	M60	OD	59:15	10:53	7.95
12	Paul Fox	M60	SN	60:20	11:58	8.10
13	Phil Newall	M60	KERNO	61:12	12:50	8.21
14	Paul Duley	M65	GRAMP	62:22	14:00	8.37
15	Steve Bailey	M60	SN	62:43	14:21	8.42
^^^ Gold Standard: 64:43 ^^^						
16	Peter Couldery	M60	GO	66:50	18:28	8.97
17	Mike Maliphant	M60	SOC	66:57	18:35	8.99
18	Dave Chaffey	M60	DVO	68:44	20:22	9.23
19	Chris Hooker	M60	SO	68:54	20:32	9.25
20=	Christopher Pritchett	M60	WIGHTO	69:03	20:41	9.27
20=	Nick Green	M60	GO	69:03	20:41	9.27
22	Tim Tett	M60	SYO	70:23	22:01	9.45
23	Steve Jarvis	M60	SO	71:52	23:30	9.65

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### M60L

Course: 5, 7.45 km, 160 m

24	Simon Moore	M60	BKO	72:52	24:30	9.78
25	Roger Crickmore	M60	WSX	73:50	25:28	9.91
26	Dorien James	M60	SMOC	75:10	26:48	10.09
27	Andy Rimes	M60	QO	76:25	28:03	10.26
28	Mark Collins	M60	DFOK	77:15	28:53	10.37
^^^ Silver Standard: 77:40 ^^^						
29	Rob Hick	M60	WSX	77:58	29:36	10.47
30	Jeff Butt	M60	SARUM	78:28	30:06	10.53
31	Zbig Gebka	M60	HAVOC	80:15	31:53	10.77
32	David Vincent	M60	DVO	80:24	32:02	10.79
33	Mark Feltham	M60	MV	83:06	34:44	11.15
34	Geoff Keenan	M60	DEVON	84:34	36:12	11.35
35	Nick Dennis	M60	BOK	84:36	36:14	11.36
36	Jes Dickin	M60	SOC	88:53	40:31	11.93
^^^ Bronze Standard: 103:33 ^^^						
37	Peter Martin	M60	MV	143:59	95:37	19.33
DNF	Richard Pay	M60	WRE	59:43	Retd	
DNF	Graham Thomas	M60	SAX	86:48	Retd	
DNF	Mark Poole	M60	IND	102:22	Retd	

### M60S

Course: 9, 5.075 km, 115 m

^^^ Gold Standard: 44:05 ^^^						
1	Phil Conway	M60	GO	44:54		8.85
2	David Saunders	M60	HH	48:16	3:22	9.51
3	Jon Steed	M60	BADO	48:31	3:37	9.56
4	Graham Louth	M60	WAOC	50:15	5:21	9.90
5	Ronan Cleary	M60	LOK	52:07	7:13	10.27
^^^ Silver Standard: 52:54 ^^^						
6	Neil Gostick	M60	HH	63:48	18:54	12.57
7	Bohdan Rainczuk	M60	SARUM	68:36	23:42	13.52
8	Rod Mansel	M60	SUFFOC	70:32	25:38	13.90
^^^ Bronze Standard: 70:32 ^^^						

### M65L

Course: 7, 6.7 km, 130 m

1	John Embrey	M65	SROC	52:02		7.77
2	Gavin Clegg	M65	WSX	52:23	0:21	7.82
3	Peter Jones	M65	SN	52:48	0:46	7.88
4	James Crawford	M65	GO	54:39	2:37	8.16
5	Adrian Pickles	M65	WRE	55:36	3:34	8.30

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## Results by Class with Standards

Posn	Name	Age Group	Club	Time	Behind	Pace min/km
<b>M65L</b>						
<b>Course: 7, 6.7 km, 130 m</b>						
6	David Kingham	M65	TVOC	55:56	3:54	8.35
7	Julian Hartwell	M65	SOC	56:38	4:36	8.45
8	Alan Rosen	M65	HH	56:45	4:43	8.47
9	Philip Eeles	M65	SOC	57:23	5:21	8.56
10	Paul Lane	M65	BAOC	57:24	5:22	8.57
11	Mike Christopher	M65	WIM	57:42	5:40	8.61
12	Mike Goldthorpe	M65	WRE	58:25	6:23	8.72
13	Ian Ditchfield	M65	MV	58:42	6:40	8.76
14	Ray Collins	M65	WCH	59:01	6:59	8.81
15	Christopher Moncaster	M65	KERNO	59:23	7:21	8.86
16	Richard Gardner	M65	OD	60:44	8:42	9.06
17	Alun Jones	M65	TVOC	61:30	9:28	9.18
18	Kevin Bracher	M65	SOC	61:33	9:31	9.19
19	Peter Haynes	M65	WAOC	62:47	10:45	9.37
20	Vladimir Kuznetsov	M65	TVOC	62:52	10:50	9.38
21	Mick Hunter	M65	BOF	63:49	11:47	9.52
22	Andrew Graham	M65	SARUM	64:15	12:13	9.59
23	Mike Frizzell	M65	BADO	64:27	12:25	9.62
24	Chris Harrison	M65	NGOC	64:53	12:51	9.68
25	Andrew Evans	M65	DFOK	65:09	13:07	9.72
26	Malcolm Lyon	M65	TVOC	65:14	13:12	9.74
^^ ^^ Gold Standard: 65:30 ^^ ^^ ^^						
27	Derek Fryer	M65	LOC	66:32	14:30	9.93
28	Ian Moran	M65	SOC	67:04	15:02	10.01
29	Christopher Kelsey	M65	BOK	70:11	18:09	10.48
30	Andy Emmerson	M65	OD	71:01	18:59	10.60
31	Andrew Clough	M65	WRE	72:56	20:54	10.89
32	Eamon Staunton	M65	WIM	74:29	22:27	11.12
33	Ian Byrne	M65	SMOC	74:36	22:34	11.13
34	Nick Campbell	M65	DEE	74:55	22:53	11.18
35	Iain Robinson	M65	SOC	76:29	24:27	11.42
36	Michael Merritt	M65	SO	77:32	25:30	11.57
^^ ^^ Silver Standard: 78:36 ^^ ^^ ^^						
37	Joe House	M65	SO	79:39	27:37	11.89
38	Anthony Lloyd	M65	BOK	80:04	28:02	11.95
39	Mike Capper	M65	WAOC	83:05	31:03	12.40
40	David Roach	M65	SLOW	83:58	31:56	12.53
41	Mikhail Gryaznevich	M65	TVOC	84:29	32:27	12.61
42	Colin Swallow	M65	SN	94:15	42:13	14.07
^^ ^^ Bronze Standard: 104:48 ^^ ^^ ^^						
43	Mike Bray	M65	SN	116:03	64:01	17.32
DNF	Frank Edge	M65	SN	55:37	Retd	

**Nov Classic**  
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Posn	Name	Age Group	Club	Time	Behind	Pace min/km
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### M65L

Course: 7, 6.7 km, 130 m

DNF	John Foord	M65	IND	91:13	Retd	
DSQ	Mark White	M65	SARUM	540:00	card failed	

### M65S

Course: 10, 4.525 km, 105 m

1	Colin Dickson	M65	BAOC	42:41		9.43
^^^ Gold Standard: 44:14 ^^^						
2	Tony Farrow	M65	BAOC	47:26	4:45	10.48
3	Alan Kersley	M65	BADO	48:08	5:27	10.64
^^^ Silver Standard: 53:05 ^^^						
4	Philip Craven	M65	DFOK	54:03	11:22	11.94
5	Ian Prosser	M65	BAOC	54:30	11:49	12.04
6	David Harper	M65	DEVON	54:33	11:52	12.06
7	Glyn Mayley	M65	SOC	60:40	17:59	13.41
8	Barry Sowerbutts	M65	SOC	64:19	21:38	14.21
9	David Hanstock	M65	BOK	64:57	22:16	14.35
^^^ Bronze Standard: 70:47 ^^^						
10	Mr M S Whipple	M65	SOC	74:27	31:46	16.45
11	Peter Shaw	M65	IND	76:13	33:32	16.84
12	David Booker	M65	NOC	78:54	36:13	17.44
DSQ	Chris Barrington Brown	M65	BAOC	65:14	3 wrong	
DSQ	Michael Forrest	M65	BOK	69:39	Wrong No 2 (244 for 214)	

### M70L

Course: 8, 5.9 km, 125 m

1	Mark Glaisher	M70	SAX	57:03		9.67
2	Peter Martin	M70	SAX	57:23	0:20	9.73
3	Kevin Pickering	M70	WIM	57:30	0:27	9.75
4	David Jukes	M70	BKO	61:07	4:04	10.36
5	Colin Hicks	M70	SOC	62:51	5:48	10.65
6	Robin Smith	M70	SO	63:15	6:12	10.72
7	Ian Tait	M70	SARUM	64:53	7:50	11.00
8	Dave Chapman	M70	SN	65:56	8:53	11.18
9	Ian Sayer	M70	WSX	66:14	9:11	11.23
10	David Hargreaves	M70	SROC	68:01	10:58	11.53
11	Wilfrid Taylor	M70	DEVON	68:21	11:18	11.58
12	Mike Godfree	M70	DVO	68:37	11:34	11.63
13	Paul Langston	M70	HH	69:40	12:37	11.81
14	John Harrison	M75	BADO	69:41	12:38	11.81
15	Chris Johnson	M70	BOK	69:54	12:51	11.85
16	David Kingdon	M70	SAX	70:08	13:05	11.89

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## Results by Class with Standards

Posn	Name	Age Group	Club	Time	Behind	Pace min/km
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### M70L

Course: 8, 5.9 km, 125 m

17	John Simmons	M70	BOK	70:32	13:29	11.95
18	Mike Bolton	M70	MV	71:02	13:59	12.04
19	Allan Darwell	M70	BOK	71:17	14:14	12.08
^^^^ Gold Standard: 71:38 ^^^^^						
20	David Mullins	M70	SARUM	71:56	14:53	12.19
21	Philip Gristwood	M70	MV	73:05	16:02	12.39
22	Jim Mallinson	M70	SLOW	74:16	17:13	12.59
23	David Young	M70	SO	75:57	18:54	12.87
24	Barry Olds	M70	KERNO	76:16	19:13	12.93
25	John Hopper	M70	DVO	77:12	20:09	13.08
26	Stuart Swalwell	M70	DVO	78:11	21:08	13.25
27	Paul Taunton	M70	NGOC	78:59	21:56	13.39
28	John Chesters	M70	DEVON	85:34	28:31	14.50
^^^^ Silver Standard: 85:58 ^^^^^						
29	Brian Hughes	M75	HOC	86:47	29:44	14.71
30	Peter Dudman	M70	SO	88:27	31:24	14.99
31	Glyn Williams	M70	WIGHTO	91:35	34:32	15.52
32	David Marr	M70	OD	93:26	36:23	15.84
33	John Turner	M70	TVOC	99:41	42:38	16.90
34	Mike Elliot	M70	MV	100:49	43:46	17.09
35	Robert Brandon	M70	OD	106:22	49:19	18.03
^^^^^ Bronze Standard: 114:37 ^^^^^						
DSQ	Dave Cussens	M70	SO	79:00	Missed No 10 (208)	

### M70S

Course: 11, 4.1 km, 75 m

1	Norman Wilson	M70	SOC	47:40		11.63
^^^^ Gold Standard: 49:46 ^^^^^						
2	Hedley Calderbank	M70	HH	49:49	2:09	12.15
3	Steve Pullen	M70	SOC	55:37	7:57	13.57
4	Christopher Moon	M70	BOK	58:32	10:52	14.28
^^^^ Silver Standard: 59:44 ^^^^^						
5	Jim Graham	M70	WIM	60:23	12:43	14.73
6	Tim Pribul	M70	CHIG	68:43	21:03	16.76
7	John Pullin	M70	LOC	75:22	27:42	18.38
^^^^^ Bronze Standard: 79:39 ^^^^^						
8	Jon Wheatcroft	M70	TVOC	85:05	37:25	20.75

### M75L

Course: 9, 5.075 km, 115 m

1	Martin Wilson	M75	BKO	46:13		9.11
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**Nov Classic**  
**New Forest-Fritham**  
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**Results by Class with Standards**



Posn	Name	Age Group	Club	Time	Behind	Pace min/km
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### M75L

Course: 9, 5.075 km, 115 m

2	David Palmer	M75	BOK	49:22	3:09	9.73
3	Mike Murray	M75	SLOW	50:01	3:48	9.86
4	Mick Smith	M75	HH	53:05	6:52	10.46
5	David May	M75	SLOW	54:06	7:53	10.66
6	Ian Cooper	M75	SYO	54:50	8:37	10.80
7	Martin Lock	M75	GO	55:15	9:02	10.89
8	Christopher Branford	M75	WIM	56:14	10:01	11.08
^^^ Gold Standard: 60:40 ^^^						
9=	Mike Wimpenny	M75	DEVON	60:59	14:46	12.02
9=	Ian Peirce	M75	SARUM	60:59	14:46	12.02
11	Trevor Griffiths	M75	BOK	62:17	16:04	12.27
12	Roy Heselden	M75	BADO	63:29	17:16	12.51
13	Jim Prowting	M75	TVOC	63:31	17:18	12.52
14	Terry Sankey	M75	SOC	67:12	20:59	13.24
15	Geoff Wright	M75	GO	67:17	21:04	13.26
16	Tony Hext	M75	QO	71:13	25:00	14.03
17	John Pearce	M75	DEVON	71:41	25:28	14.12
^^^ Silver Standard: 72:48 ^^^						
18	Philip Cooper	M75	WIM	76:29	30:16	15.07
19	Eric Brown	M75	HOC	83:56	37:43	16.54
20	Gerry Spalton	M75	OD	84:03	37:50	16.56
21	John Collyer	M75	GO	92:28	46:15	18.22
^^^ Bronze Standard: 97:04 ^^^						
22	Ben Rivers	M75	GO	163:57	117:44	32.31

### M75S

Course: 12, 3.025 km, 65 m

^^^ Gold Standard: 36:09 ^^^						
^^^ Silver Standard: 43:23 ^^^						
1	Chris Simpson	M75	SO	51:31		17.03
2	Roger Pring	M75	SAX	53:32	2:01	17.70
^^^ Bronze Standard: 57:51 ^^^						
3	Mike Kite	M75	WIM	67:35	16:04	22.34

### M80

Course: 11, 4.1 km, 75 m

1	Keith Henderson	M80	WIM	46:54		11.44
2	Ted McDonald	M80	BOK	47:31	0:37	11.59
3	Tom Edelsten	M80	GO	50:14	3:20	12.25
4	Roger Maher	M85	SO	51:45	4:51	12.62
^^^ Gold Standard: 58:37 ^^^						

**Nov Classic**  
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**Results by Class with Standards**



Posn	Name	Age Group	Club	Time	Behind	Pace min/km
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### M80

Course: 11, 4.1 km, 75 m

5	Frank Ince	M80	SWOC	61:29	14:35	15.00
6	Roger Craddock	M80	QO	62:49	15:55	15.32
^^^^ Silver Standard: 70:21 ^^^^^						
7	John Russell	M80	SOS	76:54	30:00	18.76
8	Garry Langston	M80	WCH	87:01	40:07	21.22
^^^^ Bronze Standard: 93:48 ^^^^^						
9	Robert Vickers	M80	HOC	95:00	48:06	23.17

### M85

Course: 12, 3.025 km, 65 m

1	Jeremy Oldershaw	M85	SAX	47:59		15.86
2	John Farren	M85	TVOC	54:36	6:37	18.05
^^^^ Gold Standard: 59:58 ^^^^^						
3	Douglas Deeks	M85	SAX	60:14	12:15	19.91
4	John Thompson	M85	TVOC	66:15	18:16	21.90
^^^^ Silver Standard: 71:58 ^^^^^						
^^^^ Bronze Standard: 95:58 ^^^^^						
DNF	Timothy Angel	M80	SOC	77:35	Retd	

### M90

Course: 12, 3.025 km, 65 m

1	Roger Baker	M90	TVOC	64:53		21.45
^^^^ Gold Standard: 81:06 ^^^^^						
^^^^ Silver Standard: 97:19 ^^^^^						
^^^^ Bronze Standard: 129:46 ^^^^^						

### Orange

Course: 16, 3.25 km, 70 m

1	Atticus Marks	M18	IND	30:27		9.37
2	Chris Wilson	M60	WIM	38:36	8:09	11.88
3	Nigel Britton	M70	JOK	48:02	17:35	14.78
4	Nyssa Cole	W35	SOC	53:42	23:15	16.52
5	Liz Seaston	W45	MV	55:10	24:43	16.97
6	Ken Stimson	M75	NWO	59:55	29:28	18.44
7	Lynn Wilson	W60	WIM	62:38	32:11	19.27
8	Richard McDonald	M45	BOK	69:00	38:33	21.23
^^^^ Orange Standard (Top 50% of entrants): 69:00 ^^^^^						
9	Marion Bond	W55	SARUM	71:21	40:54	21.95
10	Annabelle Lewis	W16	QO	75:01	44:34	23.08
11	Alan Hooper	M80	WSX	76:39	46:12	23.58
12	Daniel Barnes	M14	IND	79:24	48:57	24.43

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## Results by Class with Standards

Posn	Name	Age Group	Club	Time	Behind	Pace min/km
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### Orange

Course: 16, 3.25 km, 70 m

13	Jacqueline Stevens	W65	WRE	119:42	89:15	36.83
DNF	Roessa Yorke	W55	IND	83:43	Retd	
DSQ	Priscilla Chandler	W50	IND	99:40	Missed No 7 (185)	

### Short Blue

Course: 9, 5.075 km, 115 m

1	Kate Turner	W50	SO	52:21		10.32
2	Sophie Blundell	W21	SOC	59:27	7:06	11.71
3	Rosie Wych	W65	QO	69:24	17:03	13.67
4	Paul Kilpin	M70	TVOC	73:31	21:10	14.49

### Short Green

Course: 11, 4.1 km, 75 m

1	John Seaston	M50	MV	41:45		10.18
2	Stuart Bates	M21	DFOK	45:54	4:09	11.20
3	Tony Ludford	M75	BADO	52:19	10:34	12.76
4	Richard Steptoe	M75	TVOC	54:49	13:04	13.37
5	Howard Thomas	M75	BOK	58:23	16:38	14.24
6	Russ Fauset	M75	HOC	63:04	21:19	15.38
7	Roger Hargreaves	M75	KERNO	66:54	25:09	16.32
8	Erik Cyprian Biernacki-Jablonski	M12	WAOC	72:15	30:30	17.62
9	Martin Mitchell	M55	HOC	83:55	42:10	20.47
10	Michael White	M85	MV	125:43	83:58	30.66
DNF	William Davidson	M75	SOC	59:11	Retd	
DSQ	Duncan Liddle	M65	NGOC	84:27	Missed No 2 (113)	

### Very Short Green

Course: 12, 3.025 km, 65 m

1	Sandra Mather	W55	SMOC	52:25		17.33
2	Hayley Collins	W21	DFOK	54:54	2:29	18.15
3	Susan Rae	W70	SMOC	69:20	16:55	22.92
4	Elsie Hargreaves	W75	KERNO	91:32	39:07	30.26
DNF	Malcolm McNeill	M70	SOC	70:49	Retd	

### W10A

Course: 17, 2.85 km, 55 m

1	Elysia Cowe	W10	WAOC	38:15		13.42
2	Isla Findlay	W10	DFOK	45:11	6:56	15.85
				^^^ Gold Standard: 47:48 ^^^		
				^^^ Silver Standard: 57:22 ^^^		
3	Harriet Nichols	W10	SO	61:02	22:47	21.42



**Nov Classic**  
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Posn	Name	Age Group	Club	Time	Behind	Pace min/km
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### W10A

Course: 17, 2.85 km, 55 m

^^^^ Bronze Standard: 76:30 ^^^^^

### W10B

Course: 18, 1.825 km, 45 m

1	Hana Powell	W10	WAOB	64:14		35.20
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^^^^ Silver Standard: 80:17 ^^^^^

^^^^ Bronze Standard: 96:21 ^^^^^

### W12A

Course: 16, 3.25 km, 70 m

1	Lilly Slars Paulsson	W12	IND	23:36		7.26
2	Emma Chapman	W12	SO	29:51	6:15	9.18
3	Alice French	W12	WIM	31:41	8:05	9.75

^^^^ Gold Standard: 37:18 ^^^^^

^^^^ Silver Standard: 44:46 ^^^^^

4	Emily Waters	W12	SO	45:51	22:15	14.11
5	Alys Powell	W12	WAOB	71:44	48:08	22.07

^^^^ Bronze Standard: 59:42 ^^^^^

### W12B

Course: 17, 2.85 km, 55 m

1	Abigail Cooper	W12	SN	63:22		22.23
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^^^^ Silver Standard: 79:12 ^^^^^

^^^^ Bronze Standard: 95:03 ^^^^^

### W14A

Course: 15, 3.8 km, 95 m

1	Alice Slars Paulsson	W14	IND	33:06		8.71
2	Isabel Hawks	W14	HH	39:16	6:10	10.33
3	Lucy Walwyn	W14	SYO	40:13	7:07	10.58
4	Abigail Howsam	W14	SYO	43:03	9:57	11.33
5	Eskarina Medlock	W14	WSX	47:04	13:58	12.39

^^^^ Gold Standard: 49:05 ^^^^^

6	Charlotte Lovegrove	W14	SN	51:57	18:51	13.67
7	Isabelle Tonge	W14	BOK	56:25	23:19	14.85

^^^^ Silver Standard: 58:54 ^^^^^

8	Poppy Chorlton	W14	HH	64:39	31:33	17.01
9	Emily Leathwood	W14	BOK	74:52	41:46	19.70
10	Lizzie Balston	W14	SARUM	74:59	41:53	19.73

^^^^ Bronze Standard: 78:32 ^^^^^

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Posn	Name	Age Group	Club	Time	Behind	Pace min/km
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### W14B

Course: 16, 3.25 km, 70 m

1	Erin Cooper	W14	SN	58:22		17.96
^^^^ Silver Standard: 72:57 ^^^^^						
^^^^ Bronze Standard: 87:33 ^^^^^						

### W16A

Course: 8, 5.9 km, 125 m

1	Lyra Medlock	W16	WSX	41:22		7.01
^^^^ Gold Standard: 51:42 ^^^^^						
2	Grace French	W16	WIM	54:35	13:13	9.25
^^^^ Silver Standard: 62:03 ^^^^^						
3	Abigail Prince	W16	SOS	72:57	31:35	12.36
4	Charlotte Slade	W16	SN	74:01	32:39	12.55
5	Harriet Keenan	W16	DEVON	74:53	33:31	12.69
6	Megan Wareing	W16	BOK	78:31	37:09	13.31
7	Emma Currie	W16	SOC	80:53	39:31	13.71
^^^^ Bronze Standard: 82:44 ^^^^^						
DSQ	Kate Jarrett	W14	WAOB	75:21	Wrong No 14 (226 for 231)	

### W16B

Course: 15, 3.8 km, 95 m

1	Alice Soulsby	W16	HH	65:14		17.17
^^^^ Silver Standard: 81:32 ^^^^^						
^^^^ Bronze Standard: 97:51 ^^^^^						

### W18E

Course: 6, 7.2 km, 135 m

1	Jocie Hilton	W18	SN	54:15		7.53
2	Jessica Ward	W18	NGOC	65:13	10:58	9.06
3	Carys Sharp	W18	TVOC	65:23	11:08	9.08
^^^^ Gold Standard: 67:48 ^^^^^						
4	Laura Barrett	W18	SN	70:51	16:36	9.84
5	Maggie Soulsby	W18	HH	72:15	18:00	10.03
6	Amelia Wing	W18	BKO	74:15	20:00	10.31
7	Hebe Darwin	W16	WAOB	78:06	23:51	10.85
^^^^ Silver Standard: 81:22 ^^^^^						
8	Emily Butter	W18	SN	95:05	40:50	13.21
^^^^ Bronze Standard: 108:30 ^^^^^						

### W18L

Course: 8, 5.9 km, 125 m

^^^^ Gold Standard: 55:34 ^^^^^						
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**Nov Classic**  
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Posn	Name	Age Group	Club	Time	Behind	Pace min/km
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### W18L

Course: 8, 5.9 km, 125 m

^^^^ Silver Standard: 66:40 ^^^^^

1	Rebecca Lovegrove	W18	SN	78:57		13.38
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^^^^ Bronze Standard: 88:54 ^^^^^

### W20E

Course: 6, 7.2 km, 135 m

1	Sarah Darley	W18	SN	59:42		8.29
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2	Lois Parker	W20	OUOC	59:58	0:16	8.33
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^^^^ Gold Standard: 74:37 ^^^^^

^^^^ Silver Standard: 89:33 ^^^^^

3	Holly Curtis	W20	OUOC	97:14	37:32	13.50
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^^^^ Bronze Standard: 119:24 ^^^^^

DSQ	Lina Heuer	W20	HH	99:46	Missed No 16 (187)	
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### W21E

Course: 2, 11.35 km, 200 m

1	Sarah Rollins	W45	SN	77:59		6.87
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2	Katherine Bett	W21	SN	89:07	11:08	7.85
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3	Kezia Jukes	W21	BAOC	90:36	12:37	7.98
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4	Sarah Pedley	W21	DRONGO	97:03	19:04	8.55
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^^^^ Gold Standard: 97:28 ^^^^^

^^^^ Silver Standard: 116:58 ^^^^^

^^^^ Bronze Standard: 155:58 ^^^^^

### W21L

Course: 4, 8.9 km, 170 m

^^^^ Gold Standard: 76:26 ^^^^^

1	Phoebe King	W20	RNOC	78:11		8.78
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2	Lauren Eyre	W21	RNOC	82:27	4:16	9.26
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^^^^ Silver Standard: 91:43 ^^^^^

3	Bronwen Mansel	W21	SUFFOC	93:40	15:29	10.52
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4	Megan Ashton	W35	RNOC	95:50	17:39	10.77
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5	Katie Sellens	W35	RNOC	96:02	17:51	10.79
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6	Aimee Darley	W20	SN	100:40	22:29	11.31
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^^^^ Bronze Standard: 122:17 ^^^^^

7	Phoebe Sephton	W21	IND	157:46	79:35	17.73
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### W21S

Course: 8, 5.9 km, 125 m

^^^^ Gold Standard: 50:40 ^^^^^

1	Lisa White	W21	IND	54:23		9.22
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### W21S

Course: 8, 5.9 km, 125 m

^^^^ Silver Standard: 60:48 ^^^^^						
2	Shona Masson	W21	MV	63:56	9:33	10.84
3	Natalia Griaznevich	W21	TVOC	64:44	10:21	10.97
4	Sophia Kefford	W21	SO	79:59	25:36	13.56
^^^^ Bronze Standard: 81:04 ^^^^^						
5	Jemma Davie	W21	DEVON	91:19	36:56	15.48
6	Irina Davzhuk	W21	SOC	201:17	146:54	34.12
DNF	Lucy Browne	W21	IND	162:49	Retd	

### W35S

Course: 9, 5.075 km, 115 m

^^^^ Gold Standard: 43:35 ^^^^^						
^^^^ Silver Standard: 52:18 ^^^^^						
1	Emma Mansfield	W35	BAOC	66:08		13.03
2	Kasia Nichols	W35	SO	69:13	3:05	13.64
^^^^ Bronze Standard: 69:44 ^^^^^						

### W40L

Course: 6, 7.2 km, 135 m

1	Sarah Scarbrough	W40	MV	61:07		8.49
2	Christine Currie	W45	SOC	71:04	9:57	9.87
3	Maria Slars Paulsson	W40	IND	71:24	10:17	9.92
^^^^ Gold Standard: 76:23 ^^^^^						
4	Vicky McCreddie	W40	WIM	89:05	27:58	12.37
5	Sara Currie	W40	BOK	90:34	29:27	12.58
^^^^ Silver Standard: 91:40 ^^^^^						
6	Katie Swalwell	W40	DVO	112:42	51:35	15.65
7	Charlotte Coles	W40	HH	115:37	54:30	16.06
^^^^ Bronze Standard: 122:14 ^^^^^						

### W45L

Course: 7, 6.7 km, 130 m

1	Bethan Irwin	W45	SBOC	58:33		8.74
2	Kerry Corkery	W45	SARUM	58:34	0:01	8.74
3	Helen Chiswell	W45	DVO	65:55	7:22	9.84
4	Steph Moss	W45	SLOW	72:52	14:19	10.88
^^^^ Gold Standard: 73:11 ^^^^^						
5	Freya Askham	W45	SMOC	82:09	23:36	12.26
6	Helen Le Page	W45	SN	86:11	27:38	12.86
7	Naomi Drewitt	W45	DFOK	87:09	28:36	13.01
^^^^ Silver Standard: 87:50 ^^^^^						

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### W45L

Course: 7, 6.7 km, 130 m

8	Johanna Powell	W45	WAOC	90:37	32:04	13.52
9	Rebecca Medlock	W45	WSX	90:49	32:16	13.55
10	Shaz Gallagher	W45	SARUM	107:17	48:44	16.01
^^^^^ Bronze Standard: 117:07 ^^^^^						
11	Hanna Biernacka	W45	WAOC	121:54	63:21	18.19
12	Heidi Lloyd	W45	TVOC	131:13	72:40	19.58
DSQ	Emma Jarrett	W45	WAOC	61:45	Missed No 7 (141)	

### W45S

Course: 10, 4.525 km, 105 m

^^^^^ Gold Standard: 49:26 ^^^^^						
^^^^^ Silver Standard: 59:19 ^^^^^						
1	Jennie Soulsby	W45	HH	59:45		13.20
^^^^^ Bronze Standard: 79:05 ^^^^^						
2	L-j Evans	W45	WIM	91:50	32:05	20.29

### W50L

Course: 7, 6.7 km, 130 m

1	Alison Howe	W50	SAX	58:53		8.79
2	Vanessa Lawson	W50	NGOC	64:46	5:53	9.67
3	Cat Edwardes	W50	DEVON	65:49	6:56	9.82
4	Rachel Leathwood	W50	BOK	66:05	7:12	9.86
5	Vesela Chokoeva	W50	SLOW	66:46	7:53	9.97
6	Anna Chapman	W50	SO	66:48	7:55	9.97
7	Carol Lovegrove	W50	SN	68:06	9:13	10.16
8	Karen Baker	W50	DEVON	74:36	15:43	11.13
9	Angela Darley	W50	GO	74:41	15:48	11.15
^^^^^ Gold Standard: 77:16 ^^^^^						
10	Camilla Darwin	W50	WAOC	79:58	21:05	11.94
11	Tina Stratford	W50	WSX	84:57	26:04	12.68
12	Sharon Bowes	W50	CLARO	85:46	26:53	12.80
13	Kerstin Mitchell	W55	HOC	87:49	28:56	13.11
^^^^^ Silver Standard: 92:44 ^^^^^						
14	Barbara Griessner	W50	SLOW	113:03	54:10	16.87
^^^^^ Bronze Standard: 123:39 ^^^^^						
15	Mel Golding	W50	BKO	155:53	97:00	23.27
DNF	Kate Hawks	W50	HH	66:08	Retd	
DNF	Louise Tonge	W50	BOK	74:26	Retd	
DSQ	Vanessa Howsam	W50	SYO	102:16	Missed No 14 (130)	

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### W50S

Course: 10, 4.525 km, 105 m

^^^ Gold Standard: 52:11 ^^^						
1	Boryana Peeva	W50	SLOW	53:55		11.92
2	Lesley Ward	W50	SYO	55:11	1:16	12.20
3	Allison Page	W50	DFOK	57:58	4:03	12.81
4	Katie Clarke	W50	SN	59:27	5:32	13.14
^^^ Silver Standard: 62:37 ^^^						
5	Toni Whittle	W50	BKO	81:39	27:44	18.04
^^^ Bronze Standard: 83:30 ^^^						
6	Alison Cowe	W50	WAOC	85:03	31:08	18.80

### W55L

Course: 8, 5.9 km, 125 m

1	Sara Campbell	W55	DEE	53:19		9.04
2	Julia Jarvis	W55	SO	54:36	1:17	9.25
3	Lisa James	W55	SOC	54:44	1:25	9.28
4	Dorte Torpe Hansen	W55	SLOW	58:21	5:02	9.89
5	S M Braine	W55	QO	59:43	6:24	10.12
6	Bernie Newitt	W55	SOC	60:28	7:09	10.25
7	Melanie Slade	W55	SN	60:32	7:13	10.26
8	Susan Skinner	W55	WCOC	60:59	7:40	10.34
9	Helen Ashenden	W55	SN	66:52	13:33	11.33
10	Jill Emmerson	W55	OD	67:16	13:57	11.40
11	Sue Buxton	W55	TVOC	67:35	14:16	11.45
12	Sue Bett	W55	SN	67:45	14:26	11.48
^^^ Gold Standard: 67:46 ^^^						
13	Rachel Dennis	W55	BOK	68:02	14:43	11.53
14	Karen French	W55	WIM	69:21	16:02	11.75
15	Jessica Stanfield	W55	SOC	73:23	20:04	12.44
16	Serena Ludford	W55	BADO	74:53	21:34	12.69
17	Tamsin Horsler	W55	WIM	76:22	23:03	12.94
18	Caroline Potter	W60	BOK	77:06	23:47	13.07
^^^ Silver Standard: 81:19 ^^^						
19	Nicola Brooke	W55	WSX	82:29	29:10	13.98
20	Anne Tynegate	W60	BADO	86:57	33:38	14.74
21	Barbara Keenan	W55	DEVON	89:07	35:48	15.10
22	Joanne Leigh	W55	HOC	97:41	44:22	16.56
23	Lesley King	W55	GO	99:37	46:18	16.88
24	Alison Reynolds	W55	DEVON	107:38	54:19	18.24
^^^ Bronze Standard: 108:26 ^^^						
25	Kathie Knell	W55	IND	116:55	63:36	19.82
DNF	Victoria Harvey	W55	NGOC	87:42	Retd	

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### W55L

Course: 8, 5.9 km, 125 m

DSQ	Sally Chaffey	W55	DVO	56:11	Wrong No 14 (226 for 231)	
DSQ	Alison Smith	W55	TVOC	75:35	Wrong No 14 (226 for 231)	

### W55S

Course: 11, 4.1 km, 75 m

^^^ Gold Standard: 47:05 ^^^						
1	Helen Sharp	W55	TVOC	47:41		11.63
2	Julie Cleary	W55	LOK	48:54	1:13	11.93
3	Jane Dring-Morris	W55	LEI	55:35	7:54	13.56
4	Nicky Masson	W55	MV	56:01	8:20	13.66
^^^ Silver Standard: 56:30 ^^^						
5	Sarah Mansel	W55	SUFFOC	57:20	9:39	13.98
6	Beatrice Waters	W50	SO	68:20	20:39	16.67
7	Anne Poole	W55	SAX	73:58	26:17	18.04
^^^ Bronze Standard: 75:21 ^^^						
8	Tracy Crickmore	W55	WSX	84:36	36:55	20.63
9	Karen Lewis	W55	QO	91:24	43:43	22.29
DNF	Elizabeth Bamber	W55	SOC	55:52	Retd	

### W60L

Course: 9, 5.075 km, 115 m

1	Jane Morgan	W60	LOC	43:52		8.64
2	Alice Bedwell	W60	BOK	46:04	2:12	9.08
3	Jackie Butt	W60	SARUM	46:47	2:55	9.22
4	Adele Newall	W60	KERNO	51:17	7:25	10.11
5	Jill Blount	W60	SO	52:58	9:06	10.44
6	Lucy Paton	W60	SN	53:23	9:31	10.52
7	Helen Pedley	W60	EPOC	56:18	12:26	11.09
^^^ Gold Standard: 56:57 ^^^						
8	Carol Prosser	W60	BAOC	58:58	15:06	11.62
9	Sarah Howes	W60	SAX	60:09	16:17	11.85
10	Leianne Upton	W60	MV	62:05	18:13	12.23
11	Fiona Clough	W60	BKO	64:02	20:10	12.62
12	Susan Crickmore	W60	SO	64:40	20:48	12.74
13	Jane Lambert	W60	SO	64:56	21:04	12.79
14	Helen Nisbet	W60	SMOC	65:42	21:50	12.95
15	Jennifer Gebka	W60	HAVOC	66:18	22:26	13.06
^^^ Silver Standard: 68:21 ^^^						
16	Carolyn Dent	W60	BOK	69:22	25:30	13.67
17	Katherine Pike	W60	WIM	70:07	26:15	13.82
18	Rachel Robertson	W60	SOC	70:46	26:54	13.94

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### W60L

Course: 9, 5.075 km, 115 m

19	Penny Marsh	W60	SO	71:17	27:25	14.05
20	Laura Wilcox	W60	WSX	71:30	27:38	14.09
21	Gwen Tanner	W60	BOK	71:45	27:53	14.14
22	Carol Taverner	W60	WIGHTO	72:39	28:47	14.32
23	Eleanor Taylor	W60	DEVON	80:52	37:00	15.93
24	Julia Mills	W60	IND	81:52	38:00	16.13
25	Julie Collins	W60	DFOK	83:35	39:43	16.47
26	Caroline Louth	W60	WAOC	87:59	44:07	17.34
^^ ^^ Bronze Standard: 91:08 ^^ ^^						
27	Ros James	W60	SMOC	115:27	71:35	22.75

### W60S

Course: 11, 4.1 km, 75 m

1	Alison Saunders	W60	HH	46:00		11.22
^^ ^^ Gold Standard: 46:01 ^^ ^^						
^^ ^^ Silver Standard: 55:13 ^^ ^^						
2	Julia Loring	W60	SOC	57:12	11:12	13.95
3	Adele Appleby	W60	QO	61:07	15:07	14.91
4	Sarah Blundell	W60	DFOK	69:45	23:45	17.01
^^ ^^ Bronze Standard: 73:38 ^^ ^^						
5	Nicky Crowther	W60	IND	98:38	52:38	24.06

### W65L

Course: 10, 4.525 km, 105 m

1	Jackie Hallett	W65	BOK	40:52		9.03
2	Anne Salisbury	W65	WAROC	45:30	4:38	10.06
3	Marion Payne-Bird	W65	GO	47:03	6:11	10.40
4	Alison Simmons	W65	BOK	48:08	7:16	10.64
5	Janet Rosen	W65	HH	48:41	7:49	10.76
6	Kathleen Haynes	W65	WAOC	49:39	8:47	10.97
7	Carol Iddles	W65	RAFO	51:19	10:27	11.34
8	Kirsty Staunton	W65	WIM	52:00	11:08	11.49
^^ ^^ Gold Standard: 55:35 ^^ ^^						
9	Linda Pakuls	W65	WIM	55:48	14:56	12.33
10	Ann Harris	W65	SMOC	57:50	16:58	12.78
11	Janet Cronk	W65	WAOC	58:30	17:38	12.93
12	Maggie Roach	W65	SLOW	58:38	17:46	12.96
13	Jane King	W65	SO	59:14	18:22	13.09
14	Helen Rivers	W65	GO	60:02	19:10	13.27
15	Sue Hooper	W65	HH	64:05	23:13	14.16
^^ ^^ Silver Standard: 66:42 ^^ ^^						



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### W65L

Course: 10, 4.525 km, 105 m

16	Jane Booker	W65	NOC	68:38	27:46	15.17
17	Jane Campbell	W65	DEE	75:16	34:24	16.63
18	Helen Kelsey	W65	BOK	78:51	37:59	17.43
19	Gill Sharp	W65	SN	82:47	41:55	18.29
20	Kathryn Turner	W65	TVOC	86:28	45:36	19.11
21	Helen Wheelwright	W65	SOC	87:41	46:49	19.38
^ ^ ^ ^ ^ Bronze Standard: 88:56 ^ ^ ^ ^ ^						
DSQ	Barbara Lugton	W65	GO	74:19	Missed	No 9/10 (211/119)
DSQ	Fiona Hanstock	W65	BOK	83:19	Missed	10/11 (119226)

### W65S

Course: 12, 3.025 km, 65 m

^ ^ ^ ^ ^ Gold Standard: 37:09 ^ ^ ^ ^ ^						
1	Elisabeth Dickson	W65	BAOC	38:47		12.82
^ ^ ^ ^ ^ Silver Standard: 44:35 ^ ^ ^ ^ ^						
2	Liz Stradling	W65	BKO	49:51	11:04	16.48
3	Michele Funnell	W65	SO	51:10	12:23	16.91
4	Hilary Pickering	W65	WIM	58:49	20:02	19.44
^ ^ ^ ^ ^ Bronze Standard: 59:27 ^ ^ ^ ^ ^						
5	Rachel Thomas	W65	SMOC	70:55	32:08	23.44
6	Amaryllis Campbell	W65	SO	71:19	32:32	23.58
7	Pauline Olds	W65	KERNO	76:14	37:27	25.20
8	Sally Pribul	W65	CHIG	84:28	45:41	27.92

### W70L

Course: 10, 4.525 km, 105 m

1	Kate Bryant	W70	MDOC	53:06		11.73
2	Lesley Brown	W70	HOC	59:31	6:25	13.15
3	Julie Astin	W70	WSX	60:16	7:10	13.32
^ ^ ^ ^ ^ Gold Standard: 66:22 ^ ^ ^ ^ ^						
4	Denise Mullins	W70	SARUM	72:24	19:18	16.00
5	Denise Harper	W70	BKO	73:49	20:43	16.31
6	Ros Taunton	W70	NGOC	75:41	22:35	16.73
7	Caroline Christopher	W70	WIM	75:51	22:45	16.76
8	Jasmine Bennett	W70	SO	76:51	23:45	16.98
^ ^ ^ ^ ^ Silver Standard: 79:39 ^ ^ ^ ^ ^						
9	Ruth Chesters	W70	DEVON	89:19	36:13	19.74
10	Sue Gallagher	W70	SO	90:02	36:56	19.90
^ ^ ^ ^ ^ Bronze Standard: 106:12 ^ ^ ^ ^ ^						

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### W70S

Course: 12, 3.025 km, 65 m

^^^^ Gold Standard: 44:22 ^^^^^						
^^^^ Silver Standard: 53:14 ^^^^^						
1	Diana Smith	W70	SOC	56:58		18.83
2	Sally Collins	W70	BKO	58:08	1:10	19.22
3	Sue Williams	W70	WIGHTO	59:33	2:35	19.69
^^^^ Bronze Standard: 70:59 ^^^^^						
4	Vicki Barkaway	W70	SOC	134:53	77:55	44.59
DSQ	Rosie Shaw	W70	SMOC	62:12	Missed No 4 (187)	

### W75

Course: 11, 4.1 km, 75 m

1	Sue Hands	W75	WIM	51:56		12.67
2	Sally Thomas	W75	BOK	61:02	9:06	14.89
3	Beryl Pring	W75	SAX	63:41	11:45	15.53
	Carol Pearce	W75	DEVON	64:51	12:55	15.82
4	Liz Godfree	W75	DVO	69:55	17:59	17.05
^^^^ Gold Standard: 70:36 ^^^^^						
5	Geraldine Russell	W75	SOS	73:35	21:39	17.95
6	Charlotte Thornton	W75	SARUM	73:36	21:40	17.95
7	Carolyn Marr	W75	OD	73:53	21:57	18.02
8	Sue Hallett	W75	OD	80:41	28:45	19.68
9	Gillian Thomlinson	W75	SOC	82:56	31:00	20.23
^^^^ Silver Standard: 84:43 ^^^^^						
10	Thelma Spalton	W75	OD	89:28	37:32	21.82
11	Monika Cooper	W75	SYO	97:57	46:01	23.89
^^^^ Bronze Standard: 112:58 ^^^^^						
12	Liz Yeadon	W75	SARUM	113:36	61:40	27.71

### W80

Course: 12, 3.025 km, 65 m

1	Clare Fletcher	W80	BOK	52:29		17.35
2	Jenny Thompson	W85	TVOC	55:04	2:35	18.20
3	Ruth Rhodes	W80	SO	57:57	5:28	19.16
^^^^ Gold Standard: 65:36 ^^^^^						
^^^^ Silver Standard: 78:43 ^^^^^						
4	Joan Hambleton	W80	SARUM	82:17	29:48	27.20
^^^^ Bronze Standard: 104:58 ^^^^^						
5	Freda Peirce	W80	SARUM	132:23	79:54	43.76

### White

Course: 18, 1.825 km, 45 m

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### White

Course: 18, 1.825 km, 45 m

1	George Ashton	M10	SARUM	19:14		10.54
2	Seren Brett	W10	DVO	33:08	13:54	18.16
3	Jim Robinson	M10	IND	34:46	15:32	19.05

^^^^ White Standard (All finishers): 34:46 ^^^^^

### Yellow

Course: 17, 2.85 km, 55 m

1	Jenny & Georgia Jones	W21	SOC	51:58		18.23
2	Sesu Mpala	W21	BAOC	57:58	6:00	20.34
3	Lizzie Nichols	W10	SO	62:26	10:28	21.91
4	Philippa Mansfield	W10	BAOC	65:47	13:49	23.08
5	Sally Pritchett	W60	IND	73:01	21:03	25.62

^^^^ Yellow Standard (Winning Time x 1.5): 77:57 ^^^^^

DNF	Alan Yeadon	M85	SARUM	:		
DNF	Celia Kingham	W65	TVOC	61:40	Retd	