

Starters

- Homemade soup of the day served with ½ crisp baguette £6.25.
Homemade Pate of the day served with ½ baguette and red onion marmalade £6.95.
Traditional Prawn Cocktail with ½ baguette £7.65
Fiery Chicken wings served with piri-piri dip 6 - £6.25 12 - £9.95.
Piri Piri tiger prawns cooked in garlic and chilli butter served with ½ baguette £8.75.
Stilton and Garlic Mushrooms served with crusty half baguette £7.25 ✓
Baked Camembert infused with garlic and rosemary, served with crusty baguette and cranberry sauce (big enough to share) £11.95 ✓

Mains

- Pan fried fillet of sea bass, sauté of seasonal vegetables, new potatoes and finished with parsley butter & roasted lemon £12.75.
Monkfish and tiger prawn cheese bake served with buttered new potatoes and summer salad £16.75.
Ringwood best battered cod fillet served with homemade chips, garden peas and our homemade tartare sauce £12.95.
Breaded Scampi with homemade chips & tartare sauce served with salad £11.45.
Tian of Crab salad, drizzled with aioli served with buttered new potatoes & salad garnish £11.95.
Salmon and Asparagus Salad-Grilled seasonal salmon steak, asparagus served on rocket leaves and drizzled with lime dressing £12.75.
Chicken fillet and bacon salad-with parmesan and caesar dressing £10.95.
Homemade Ham & 2 free range eggs served with homemade chips £10.85.
Foresters homemade Pie - Chicken, bacon & Leek OR Steak & Guinness served with carrots, broccoli & cabbage, chips & gravy £11.95.
Spaghetti Bolognese served with garlic bread & parmesan cheese £9.95.
Slow roasted belly pork, apple fritter, braised red cabbage, sauté potatoes & rich gravy £14.95.
8oz Ribeye steak served with roasted tomato, mushrooms, chips and peas £17.95.
7 Oz Fillet steak served with roasted tomato, mushrooms, chips and peas £19.95.
Add 3 shell on tiger prawns to your Steak £6.00.
Add peppercorn or stilton sauce £1.50.
Moules Marinière, cooked in a creamy garlic and white wine sauce served with warm baguette £12.95.
Chicken & Chorizo Risotto £12.95.
Foresters Burger - 6oz Angus burger topped with bacon and melted cheese and relish served in a brioche bun with homemade chips and salad garnish £10.95.
make it a double £14.95.
Foresters' ploughman's platter: - homemade ham, cheddar cheese, salad, pickles, coleslaw, crusty bread and butter £10.45.
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VEGGIE

Vegetarian Ploughman - Brie and Cheddar cheese, salad, pickles, coleslaw, crusty bread & butter **£12.45**. **V**

Halloumi & roasted tomato, pine nut salad with French dressing **£10.95**. **V**
Vegetarian burger - Topped with warm goats' cheese and red onion marmalade served with salad and chips **£9.55**. **V**

Sweet potato, chickpea & spinach curry served with white rice, poppadum and mango chutney **£9.95**. **VG**

Wild mushroom risotto roast tomatoes **£11.95**. **VG**

Baguettes

Choose from white or brown baguette

Homemade ham and tomato **£7.60**

Cheese and pickle **£7.50**

Bacon, lettuce, Tomato **£8.00**

Tuna Mayo **£7.60**

Prawn with seafood sauce **£8.25**

BBQ steak & onion **£8.25**

Children's menu

All meals £6.75

Beef burger

Scampi

Homemade battered Chicken fillets

Ham & egg

All served with chips, and a choice of Salad or beans or peas

Spaghetti Bolognese with garlic bread

Sweet potato, chickpea and spinach curry (with poppadum) **VG**

Sides

Garlic bread **£3.95**

Chips **£2.85**

Halloumi Fries **£5.45**

Sweet potato fries **£3.70**

Side salad **£2.00**

Cheesy garlic bread **£4.45**

Cheesy Chips **£3.35**

Onion rings **£3.40**

seasonal vegetables **£2.60**

Baguette & butter **£2.10**

The management and staff thank you for your visit to the Foresters Arms, the new covid restrictions and safety measures in place mean that we have had to minimise staffing levels for their and your safety, please be patient with us.

Your food is cooked fresh to order so at busy times there may be some delay.

For allergy information please ask a member of staff