



SOCK – Autumn 2016

The magazine of Southampton Orienteering Club



SOC 50th
Anniversary
~
Page. 3

jSOCK
~
Page. 6

Meet the
SOC's
~
Page. 5

SCOA
Champs 2016
~
Page. 8

JIRC's Gallery
~
Page. 7



November
Classic
Update
~
Page. 8



VHI's 2016
~
Page. 9

Event List
~
Page. 9

Sudoku
~
Page. 11



Editorial

Jenny Dickin

Welcome to the Autumn 2016 edition of SOCK. The last few months have seen the end of yet another very successful summer series, several level D events and SOCK members travelling far and wide to various events. Looking ahead, the November Classic draws ever closer (have you entered yet?) and there's still plenty of opportunities for volunteering – see later in the magazine for a full update!

On the topic of volunteers, I am still looking for 2 people to join me and create a team in charge of creating & editing SOCK. Ideally I would like an assistant editor to help me gather & edit articles as well as collating photos and results where needed. I would also very much like to re-introduce the role of Junior Editor, a Junior in charge of editing the jSOCK section of the magazine and feeding articles back to me. Neither of these roles will take up too much of your time so if you are at all interested in either, please contact me and I can tell you more.

Chairman's Bit

Kevin Bracher

First of all, I would like to thank all who helped put on the Solent summer series this year and also all those that came along and took part making this year's series the most successful so far. The Fleming park event was best attended setting the standard for the rest of the series.

The Summer series is a great training environment for those who want to try Planning, Organising, learning the ropes of using the electronic equipment and just getting involved whether helping put out controls or setting up through to basic coaching and meeting and greeting people at the events. A great deal of work and effort goes into putting on these events so again I thank all who made it happen.

This year an extra event was tagged onto the series when we put on an event to test out the courses for the new Permanent Orienteering Courses (POC) at Southampton Sports Centre. Again a good turn out and some positive feedback for Kieran and the courses which should be available as soon as the posts are ready in the autumn.

The committee have been working behind the scene putting together the Club Development Plan. One of the objectives we are looking at is planning regular activities throughout the year to support the events we put on as a Club. Over the past few years SOC have held around 19 Events per year, a mix of events from our main event, the November Classic, 5 or 6 level C and D events in the New Forest, The Summer Series and our contributions to the Wessex Night League.

We have put on several activities over the last couple of years including courses on Event Safety, Planning, Organising and mapping. We have also held several street O activities including a Christmas run with buffet. Also some coaching has been done on an ad-hoc basis.

Our aim is to incorporate these activities into a regular programme which will support both the Club and its members in developing Orienteering in our region.

For the good health of the club SOC needs to develop the skills of our members both in improving individuals own orienteering abilities and members' skill in running events for the Club.

SOC has always had a number of able and dedicated members who have turned their hand to mapping for the club, producing maps of new area and updating maps as and when required. The club needs to bring on a new generation of mappers to enable the club to continue to meet our mapping needs in the future. Let's face it without maps we cannot orienteer!

Likewise Organising and Planning requires people with experience to put on the bigger events. It is good practice to share the load around and again it is important to have the next generation able to take on the mantle.

So for the health of the Club going forward we need to be providing courses on mapping, organising and planning. We also need to recruit new people to take on the day to day running of the club. Committee posts and the various club roles such as coaches, equipment officer, web site manager etc.

As a club we should also strive to improve the O skills of our members, work at attracting new people to the sport and our club while providing a range of events and activities that meets the needs of our membership.

To achieve all this and maintain a healthy club we need your help!

We will be putting together a range of activities which we plan to roll out next year. The activities will include training for mappers, organisers and planners. Some social activities and coaching opportunities.

We will also be asking you what you want from the club. What activities you want, what socials you would be interested in and what type of training and coaching you would like to see!

To this end we will be putting out a survey to capture your thoughts.

We will also be asking for your views at upcoming events so that the programme we put together reflects both the needs of the club and the needs of You, the members.

2018 is the club's 50th anniversary. We would like to put on at least 50 events/activities to mark this milestone year. Our aim is to increase the number of events/activities next year (2017) to build towards this target in 2018.

Look out for the Activity Survey coming soon.

SOC 50th Anniversary

Colin Hicks

How to celebrate?

An idea from the Chairman - "let's have 50 events and activities in our 50th year."

That's easy then - lol using current jargon!!

But, is it so difficult? No, I don't think so.

Let's look at counting down a list of events and activities:

November Classic	1
Level C / SCOA League x2	3
Level D in New Forest x3	6
Level D 50 th Anniversary event (planned to be a relay)	7
Summer Series Level D x8	15
Wessex Night league level D x4	19
Night event training x2, night street events x4 from different pubs	25
Summer night street events x4 from different pubs, including Titchfield Beer & Sausage Festival and Southampton Beer Festival	29
Monthly meetings x12 at the Waterloo – including a summer and a Christmas street event/social OCAD Tutorial, become a Planner training including Condes, and...??	41
AGM	42

So okay I have reached 42 (the meaning of life, the universe and everything) without too much of a problem, and I haven't included any targeted coaching, a 50th Anniversary Dinner, any sprint training, a score event, a middle distance event, maze-O, other social possibilities such as, skittles, tenpin bowling, quiz, treasure hunt, a hash, brewery visit – the list could go on but, we (the committee) need your input, your ideas, your comments on the above, in order to make the club's 50th a year to remember.

Also one idea that needs pursuing is to dedicate our 50th year's events and activities to charitable giving, which will also give added publicity to the club, as well as putting something tangible back into society. Maybe we could make it onto Children in Need?

A members' questionnaire is in the offing, so lookout for it so you can voice your ideas.

Steady Progress

Kevin Bracher

Since I got back into Orienteering after my Op. I have been taking it quite steady. I still managed to plan the February event at Bratley thanks to a lot of support from Nick Bosbury And Simon Bevan. I was able to repay Nick by assisting him when he planned the Compass Sport Cup heat on Parkhill enclosure in March.

Also around this time I started to walk then jog round a few local events and found it good to be able to get back into participation if not competitive orienteering. Orienteering has had to share my free time over the last 6 months as I have acquired an allotment which was in grave need of attention and so has taken up much of my free time, (any excuse to not go out for a run!).

I still managed to plan a couple of the Summer Series events and help at most. The big target was to get back to participating at a multi day event again. I missed out on the JK and the British this year so the aim was to attend the Welsh 5 Day, which I did teaming up with Colin Hicks for a very enjoyable if a little damp week of good Orienteering. My results were mixed, Three good days out of the Five. I did not trouble the leader board but then as I said training runs have taken second place to digging and weeding.

I did my first big Urban race at the the BOK Wells event the other week and just last week, as was pointed out by the email from BOF, I had my second best Ranking score in the last year at the WIM Godshill event. Is it just me or does anyone else find these BOF Ranking missives humorous!

As you will see below the email, as I said, congratulates me on my second best ranking score in the last 12 months. Then goes on to state that my overall position on the ranking list has gone down 30 places from last week. Congratulations indeed!

Congratulations Kevin,

This week you were awarded points in the following events:

You were 21st in a time of 01:19:14 on the course 'Blue' at the event 'WIM Galoppen' organised by Wimborne Orienteers on Sunday 18 September 2016. You were 00:18:19 behind the winner. You were 7th in the M60 category, 00:13:28 behind the first M60.

Your run scored 1155 ranking points. That is your 2nd best ranking score in the last 12 months.

Your best score is 1175 points. Your total ranking score (best 6) is 6893 points. In the M60 age category you are now 62nd on the ranking list. Overall you are now 877th on the ranking list (down 30 from last week).

Luckily the growing season is coming to an end and apart from preparing for next year the Allotment should take up less of my time. So I think I may have to put the trainers on and get out there and try to become a little fitter!

Meet the SOCs

Jes Dickin

Name: Jes Dickin

Age class: M55 – How did that happen?

Job: Toilet cleaner and grass cutter – sorry campsite proprietor

How did you first get into orienteering?

In about 1971 my dad decided to run a scout orienteering event after reading a “know the game” book. At that stage I was too young to compete but got went with him on the planning trips and helped in some way on the day. The following year I was a scout myself and able to compete. I loved it from the start and always looked forward to January or February when it was held. I recall some freezing conditions and search parties for missing teams (of 3).

How/why did you get involved with SOC?

On the back of scout orienteering I was keen to do more and sought out a local club. My memory is a bit sketchy on this but I seem to recall getting the name of somebody in a Portsmouth club from a QECP notice. When I called I was advised that it was only a tiny club and that SOC might be a better bet. In the event I took out group membership for the Havant District Venture Scouts and attended a small number of events on that basis before becoming an individual member some years later.

Where has been your favourite place to orienteer so far?

I don't have any particular favourite locations that I can recall. Mostly I just enjoy going to new areas and seeing what they offer. The New Forest has usually been good terrain and I have good memories of a number of multi day events around the country, particularly Northumberland and Northern Island which I might not have otherwise visited.

How much/what training do you do?

Until this May I would run at least twice a week (between 5k and 10 miles usually) and mountain bike once. That has almost stopped as getting up to speed on the campsite has been pretty much 24/7. I have managed a few rides and a single run but as things quieten down I hope to resume both with greater regularity. It has to be said however that I am pretty much on the go all day so whilst not training as such I am keeping reasonably fit.

What has been your orienteering highlight so far?

I'm way too average an orienteer to have had any significant highlights. Mostly I am just pleased not to have had a nightmare or to make the top half of the results, especially if running up a class.

Have you had any 'pits' moments?

The only moment I can recall was when using a new compass for the first time I set a bearing and raced back through the start boxes to the surprise of those waiting their turn. Gradually the penny dropped that all was not right and I worked out that despite the compass bearing I did in fact need to go in the opposite direction. A common 180-degree error – no it seems I had a compass that pointed south!

What do you enjoy most about orienteering & being part of SOC?

As noted previously I like to visit new areas and run on a variety of terrain. I also like the range of event formats from forest to urban sprints, traditional, score or relay. I still have an aversion to night events though!! As a largely individual sport knowing other local orienteers to chat with, car share and compare misfortunes is important to me, perhaps having played team sports in the past I do like to have a social element to balance the competitive side. As much as anything that is what I appreciate about being part of SOC.

What is one thing you think SOC could improve upon or develop in the future?

Going slightly off topic I have to say that I have been really impressed with the more modern image that the club has embraced in recent times. That competitors now look like athletes rather than escapees from an institution definitely helps the sports image. The new branding and range of communications with members are also welcome. Getting back to the question we need to attract and retain younger members to ensure the long term future of the club, the new image is a great start but it continues to be an area that needs attention.

What are your orienteering goals for the future?

Getting out more regularly again as the camping season comes to an end and meeting friends at the November Classic and other events. Also I guess now being based in Somerset I have choice of new areas within easy travelling distance.

What other interests do you have outside of orienteering?

At the moment it seems life is pretty one dimensional but it has been, and continues to be, very interesting. That said I do need a life outside work so running and mountain biking will resume. I have also always had some DIY project not quite complete and the new house has plenty of potential for this to continue. For the minute however the site is a big enough project and the house will have to wait a while.

Club Captain's Corner

Christine Currie

All has been quiet on the club competition front for the past few months but it's time to start thinking about all that training we're going to do over the winter before next year's competitions. Dates for your diaries are as follows:

12 March Compass Sport Cup Heat

14-17 April JK (South East)

6-7 May British Champs (Lake District)

Think of the glory that awaits you as you're heading out in the rain for your fifth run of the week - let's make 2017 SOC's year of success! I promise the whole team cake if we get through to the Compass Sport Cup final - that must be worth a few extra training runs :-)

May you all run hard and eat lots of cake!

jSOCK*edited by Jenny Dickin***SCJS UPDATE***Simon Kippin*

- New O-tops and hoodies have arrived – look out for them in the forest!
- Since June, the squad has held one training session at Swinley Forest coaching (laid on by Tom Bray, assisted by Rob Finch and Tim Morgan) and attended a session near Coventry organised by the West Midland and East Midland Junior Squads.
- Several athletes attended international competitions and JROS tours over the summer:
 - o JWOC 2016 GB Team – Fiona Bunn
 - o JROS Deeside Tour 2016 – David Bunn, Thomas Howell

- o JROS Stromstad Tour 2016 – Fiona Bunn
- o JWOC 2017 GB Team Camp Finland – Fiona Bunn
- Junior squad planned for the next six months:
 - 26 Oct 16 New Forest area Joining South West Junior Squad training
 - 27 Oct 16 Kings Garn Gutter, New Forest
 - 2-4 Dec 16 Hawkshead, Lakes JROS M/W16 Training Camp
 - 10 Dec 16 Henley With SN Junior Squad
 - 14 Jan 17 Langley Park BKO Fundraiser
 - 17-19 Feb 17 Sheffield Area SCJS Training Camp organised by Dane Blomquist
 - 18 Mar 17 Long Valley With SN Junior Squad
 - 1 Apr 17 TVOC Area

It would be good to see some SOC juniors at the 26/27 Oct training sessions!

Photos from the Junior Inter-Regional Champs 2016 in Aberdeen (credit to Mary Carlyle for the individual photos):



*Coco**Emma & Duncan Currie*

Duncan was awarded the class teddy, Coco, for the weekend of the Salisbury Trench event and took him orienteering (probably for the first time!). His comment for Coco's diary: 'Coco, Duncan and Emma at the finish. We won!'

2016 SCOA Champs**Di Smith**

The 2016 SCOA Championships will be held at SN's event at Long Valley on 11 December 2016. SCOA members wishing to participate in the Championships must pre-enter and confirm their eligibility. Medals will be awarded for the first three positions in each A and Long class.

November Classic Update**Di Smith**

Very many thanks to the 52 club members who have already volunteered to help put on this important event. With an anticipated entry of 900 runners, we still need more helpers! Even if you are new to the club or new to the sport, you can still help. So don't delay – please get in touch with the organiser Di Smith to offer your help: email [di\(at\)ntrees.co.uk](mailto:di(at)ntrees.co.uk)

All helpers who have volunteered in advance will get a discounted (half price) run (Di will provide you with the special code) and a meal voucher for the caterer on the day. Helpers generally get an open start time; ie you are fitted in to a vacant time slot rather than having to start at a specific time.

Interim details of the event are on the SOC website. Final details will appear by mid-October.

By the time you read this, everyone who has volunteered so far will have been allocated to a Team and the Team Leader will get in touch with you to arrange tasks/shifts, where to meet and when. If you have NOT been contacted by mid-October, please get in touch with the organiser Di Smith.

In case you are wondering what you might be doing, the tasks for the event are covered by inter-linked teams:

Forest Team (Leader: Terry Smith) hang controls on Saturday 5th and early on Sunday 6th, collect in controls on Sunday 6th or form a search and rescue team after courses close at 2.30pm.

Site Team (Leader: Julian Hartwell) set up the Assembly area on the Saturday with signage and delivery of loos and marquee; on the Sunday put out tapes, signs and check loos and locate traders and check the site is tidy when we leave.

Car Parking Team (Leader: Ian Wells) direct vehicles safely to suitable parking areas at Ocknell.

Computers/Download Team (Leader: Peter Stewart) working with EMIT-UK, provide On- the-Day Entries, Download runners' e-cards, produce and display Results.

Enquiries Team (Leader: Barbara Davidson) issue hired E-cards, provide start lists for those who can't remember their start times, On-the-Day entry forms, general information, a key drop, lost property point and delivery point for Southern Championship Trophies.

Trophy Presentation Team (Leader: Mary Nixon) organise the layout of the trophies and medals, call up winners and ensure everyone gets the right medal/trophy and signs for it before leaving. Presentation is planned for 2.30pm.

Start/Finish Team (Leader: Ian Moran) set up the Start area and taped route from the clothing drop, ensure that everyone starts when they should and record anyone who has not turned up and any changes so that the computer data can be updated; also man the Finish in case of any problems reported by finishers and supervise additional parking near the start.

String Course Team (Leader: David Currie) set up and run the String course for younger participants.

I have ordered fine weather but am waiting for confirmation!

VHI Results

Jenny Dickin

This year, the Veteran Home International Races took place in Northern Ireland on the 3rd-4th September. The England team did very well on both the individual and relay days. For the individual day they secured 8 1st positions & 7 2nd positions; winning overall and gaining The Rose Bowl trophy. These brilliant results included Philip Eeles of SOC who took 2nd place on M60. The following day saw the relay races take place. Despite some technical issues, meaning results couldn't be confirmed on the day, England did very well to take 1st, 3rd, 4th & 5th in the MWM race (Philip Eeles running last leg in the 4th place team) as well as 2nd, 3rd, 4th & 7th in the WMW race. This ensured that England would take The Pewter Qaiche trophy for winning the relays overall as well as the Micklegate Bar trophy for winning the overall competition.

Event List

Date	Event (click for details)	Level	Club	Region	Venue/Map	Nearest Town	GridRef
Sun 16/10/16	CompassSport Cup Final	Level A	SYO	YHOA	Tankersley	Barnsley	
Sat 22/10/16	SO SOG A3	Level D	SO	SEOA	Gt Walstead/Henfield Wood	tbc	
Sat 29/10/16	SO SOG A4	Level D	SO	SEOA	Stanmer Park	tbc	
Sat 29/10/16	BKO/BADO joint Night event (Greenham Common)	Level C	BKO	SCOA	Greenham Common	Newbury	SU495645
Sun 30/10/16	SCOL 2 - BKO/BADO Colour coded SCOA League event and prize giving	Level C	BADO	SCOA	Greenham Common	Newbury	SU499650
Thu 03/11/16	SO SONIC 2/KNC	Level D	SO	SEOA	Kidbrooke Park	tbc	
Sat 05/11/16	Salisbury City Urban	Level B	SARUM	SWOA	Salisbury City	Salisbury	
Sat 05/11/16	SO SOG A5	Level C	SO	SEOA	Slindon Woods	tbc	
Sun 06/11/16	SOC November Classic & Southern Championships	Level A	SOC	SCOA	Fritham / Islands Thorn	Southampton	SU252119
Mon 07/11/16	Wessex Night League	Level D	SARUM	SWOA	Amesbury Town	Amesbury	
Thu 10/11/16	SOC Wessex Night League Event	Level D	SOC	SCOA	Knightwood and Valley Park	Southampton	SU419202
Sat 12/11/16	Informal	Level D	WIM	SWOA	StoneBarrow Hill NT, Charmouth	Charmouth, Dorset	
Sat 12/11/16	SN - Saturday Series 3	Level D	SN	SCOA	Alice Holt	Farnham	
Sun 13/11/16	GO Level C event	Level C	GO	SEOA	Norbury Park	Leatherhead	
Mon 14/11/16	WIM/WSX Monthly Evening event	Level D	WIM	SWOA	Sturminster Newton	Sturminster Newton, Dorset	
Sat 19/11/16	Oxford City Race	Level C	OUOC	SCOA	Oxford City Centre	Oxford	SP513070

Sun 20/11/16	British Schools Orienteering Championships	Level B	OD	WMOA	Sutton Park	Sutton Coldfield	
Sun 20/11/16	TVOC Regional Event & SCOL3	Level C	TVOC	SCOA	Shotover Country Park	Oxford	
Sun 20/11/16	SO District Event	Level C	SO	SEOA	Broadstone Warren	tbc	
Sat 26/11/16	Southern Night Championships	Level B	QO	SWOA	Ramscombe	Bridgwater	ST168376
Sun 27/11/16	East Midlands Championships at Wakerley	Level B	LEI	EMOA	Wakerley Great Wood	Corby	SP960987
Sat 03/12/16	SO SOG A6	Level C	SO	SEOA	Borde Hill	Haywards Heath	TQ323261
Sat 03/12/16	SN - Saturday Series 4	Level D	SN	SEOA	Ash South	Aldershot	
Sun 04/12/16	SOC Level C & SCOA League	Level C	SOC	SCOA	Ashurst wood / Matley	Southampton	
Mon 05/12/16	Wessex Club Night & Night League	Level D	WSX	SWOA	Boscombe Chine and Gardens	Bournemouth	SZ112912
Sat 10/12/16	Informal	Level D	WIM	SWOA	Avon Heath Country Park	Ringwood	
Sun 11/12/16	SN Trophy event	Level B	SN	SCOA	Long Valley North	Aldershot	SU849527
Sat 17/12/16	SO Night City Race	Level C	SO	SEOA	Brighton	Brighton	
Mon 26/12/16	WIM Canter	Level D	WIM	SWOA	Ringwood North Forest	Ringwood	
Tue 27/12/16	SO Xmas Score	Level D	SO	SEOA	Tilgate	Crawley	
Mon 02/01/17	TVOC Level C Urban Event	Level C	TVOC	SCOA	Didcot Ladygrove	Didcot	
Mon 02/01/17	Night League Event	Level D	WSX	SWOA	Poole Town Centre	Poole	
Thu 05/01/17	SO Kent Night Cup 15	Level D	SO	SEOA	tbc	tbc	
Sat 07/01/17	SO SOG A7	Level D	SO	SEOA	Lancing Ring	tbc	
Sun 08/01/17	CHIG Mitre SE League event	Level B	CHIG	SEOA	Epping East	Loughton	
Sun 08/01/17	Robin Hood Trophy	Level B	NOC	EMOA	The Dukeries	Ollerton	SK628728
Thu 12/01/17	SOC Wessex Night League Event	Level D	SOC	SCOA	Romsey	Romsey	SU353211
Sat 14/01/17	SN - Saturday Series 5 & SCOA League	Level C	SN	SCOA	Windmill Hill	Frimley	
Sat 14/01/17	SO SOG A8	Level D	SO	SEOA	Blacklands Farm	tbc	
Sun 15/01/17	DFOK South East League Regional Event	Level B	DFOK	SEOA	Westerham	Sevenoaks	
Sun 15/01/17	SOC Level C & SCOA League	Level C	SOC	SCOA		Lyndhurst	
Sat 21/01/17	Informal	Level D	WIM	SWOA	Ringwood North	Ringwood	
Sun 22/01/17	GO SE League event	Level B	GO	SEOA	Woolbeding	Midhurst	
Sat 28/01/17	SO SOG A9	Level D	SO	SEOA	Friston Central	tbc	
Sun 29/01/17	BKO Concorde Chase	Level B	BKO	SCOA	Hawley and Hornley	Backnell	SU830574
Sun 29/01/17	DVO Level B - Shining Cliff	Level B	DVO	EMOA	Shining Cliff	Matlock	
Thu 02/02/17	SOC Wessex Night League Event	Level D	SOC	SCOA	Stoke Park Wood and Fairoak	Fairoak	SU473188
Sat 04/02/17	SN - Saturday Series 6	Level D	SN	SCOA	Pyestock woods	Fleet	
Sat 04/02/17	Sarum 4 course Saturday & Wessex Night league	Level D	SARUM	SWOA	Stonedown Woods	Salisbury	
Sun 05/02/17	MV SE League event	Level B	MV	SEOA	South Ashdown	Forest Row	
Mon 06/02/17	WIM/WSX Monthly Evening event	Level D	WIM	SWOA	Dorchester	Dorchester	
Tue 07/02/17	SO SONIC 4	Level D	SO	SEOA	tbc	tbc	
Sat 11/02/17	SO SOG S1	Level D	SO	SEOA	Coates Common	tbc	
Sun 12/02/17	SOC Level C & SCOA League	Level C	SOC	SCOA	Queen Elizabeth Country Park	Portsmouth	
Sun 12/02/17	Wessex Galoppen	Level C	WSX	SWOA	Holmsley Campsite	Christchurch	SZ215993
Thu 16/02/17	Night League Event at Upton Country Park	Level D	WSX	SWOA	Upton Country Park	Poole	SY992933
Sat 18/02/17	SO SOG S2	Level D	SO	SEOA	100 Acre Wood	tbc	
Sun 19/02/17	HH SE League event	Level B	HH	SEOA	Northaw Great Wood	Cuffley	
Sun 19/02/17	WIM Winter Warmer	Level C	WIM	SWOA	New Forest	Ringwood	
Sat 25/02/17	British Night Championships (UKOL)	Level A	LOC	NWOA	Great Tower	Newby Bridge	
Sat 25/02/17	SO SOG S3	Level D	SO	SEOA	Pashley	tbc	
Sun 26/02/17	Northern Championships (UKOL)	Level A	LOC	NWOA	Bigland	Ulverston	
Sun 26/02/17	TVOC Regional Event & SCOL7	Level C	TVOC	SCOA	Nettlebed Woods	Wallingford	

Thu 02/03/17	SO Kent Night Cup 23	Level D	SO	SEOA	tbc	tbc	
Sat 04/03/17	SOC Wessex Night League Event	Level D	SOC	SCOA	Lyndhurst	Lyndhurst	SU299081
Sat 04/03/17	SN - Saturday Series 7	Level D	SN	SEOA	Bagshot Common	Bagshot	
Sat 04/03/17	SO SOG S4	Level D	SO	SEOA	Gt Walstead/Henfield Wood	tbc	
Sun 05/03/17	Sarum Saunter	Level B	SARUM	SWOA	Fonthill	Salisbury	

Sudoku

Terry Smith

Sudku

Here is a variation on the Sudoku theme, which uses IOF control description symbols in place of the usual numbers. If you are not sure what these or other control description symbols mean, go to <http://orienteering.org/wp-content/uploads/2010/12/IOF-Control-Descriptions-2004.pdf> .

Fill in the empty squares so that each row, column and 3 x 3 square contains only one of each of the nine symbols shown.

●		≡		∩	∪	⌋		
⤴		∪		⌋		≡	●	
					≡			
≡				⌋	⤴			
	⊥						⌋	
			⊥	●				∪
			⤴					
	⌋	⌋		≡		∪		⤴
		⤴	∪	⌋		⊥		●

Look out for the solution in the next issue!

SCJS

South Central Junior Squad

Open to any enthusiastic juniors who are moving on to light green courses and above

Aims:

- Maximise potential
- Motivate juniors
- Nurture talent
- Have fun!



Contact Simon Kippin and Laurence Townley at juniorsquad@scoa-orienteering.org.uk

